



# GEAR LIST | things to bring



**Pack Light - Travel Smart!** On a trip, the only things that you really require for the day should be in your pack. Planning is critical. Think protection when you pack - sunlight, cold, rain, wind, thirst, hunger etc. and of course you need some money and your documents. Thats about it. If you are a bit confused, do not hesitate to ask for advice.



## Bring along a great attitude!

- Accessibility -**
- Balance -**
- Compact -**
- Dry -**
- Everything Inside -**

**“ABCDE” OF PACKING A BACKPACK**  
 ensure all things needed regularly are at the top  
 ensure heavier things are at the bottom to ensure the backpack is balanced  
 ensure that the bag is not loosely packed. Roll each garment up to make it compact  
 ensure dryness of bag, use a vaccuum bag as a liner to your backpack  
 ensure everything you own is safe, everything inside the bag & not hanging outside.