



GEAR LIST | things to bring



Pack Light - Travel Smart! On a trip, the only things that you really require for the day should be in your pack. Planning is critical. Think protection when you pack - sunlight, cold, rain, wind, thirst, hunger etc. and of course you need some money and your documents. Thats about it. If you are a bit confused, do not hesitate to ask for advice.



Bring along a great attitude!

- Accessibility -**
- Balance -**
- Compact -**
- Dry -**
- Everything Inside -**

“ABCDE” OF PACKING A BACKPACK

- ensure all things needed regularly are at the top
- ensure heavier things are at the bottom to ensure the backpack is balanced
- ensure that the bag is not loosely packed. Roll each garment up to make it compact
- ensure dryness of bag, use a vaccuum bag as a liner to your backpack
- ensure everything you own is safe, everything inside the bag & not hanging outside.